

# **CKOHT UPDATE**

**JULY 17. 2020** 

**Upcoming Clinics** 

Thursday, July 23 and

Thamesville Area Public School

**Thamesville** 

Friday, July 24

10am to 6pm

30 Mary Street

## CKOHT PARTNERS CONTINUE TO PROVIDE MOBILE COVID-19 SCREENING OPTIONS



Tilbury is the Field of Dreams: "If you build it they will come." Yesterday we set a record, 281 swabs! Mobile testing partners come together to serve our communities. @CK\_OHT @CKPublicHealth @CKEMS\_CP Tilbury & District FHT @ckhamedia



What better use of an arena right now than to host a mobile swabbing clinic? Blenheim today & tomorrow. See you in Thamesville next Thursday/Friday. @CK\_OHT @CKEMS\_CP @ckhamedia @CKPublicHealth @CKCHC @CKfht @ThamesviewFHT

3:38 PM · Jul 10, 2020 from Chatham-Kent, Ontario · Twi



Our @CK\_EMS @ckhamedia @TilburyFHT team has done an amazing job at today's Tilbury Mobile COVID-19 Test Clinic. They worked through the extreme heat to provide the residents of this part of CK had access to testing.

2:44 PM · Jul 16, 2020 · Twitter for iPhone

## **CONTACT US**







## **OUR PHASE 1 PARTNERS**

Société Alzheimer Society

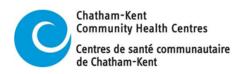


















## Erie St. Clair LHIN











## CKCHC PRESENTS: MASTER YOUR HEALTH ONLINE



Workshops for people living with a Chronic Condition

#### LEARN ABOUT:

- Improve communication with your healthcare provider
- Positive thinking, guided imagery & relaxation techniques
- Action planning, problem solving & set personal goals
- \* Classes are interactive
- \* FREE series
- French language workshops available
- \* All are welcome to attend

## LEARN TO TAKE CONTROL OF YOUR HEALTH

- Build confidence
- Create personal action plans
- Deal with the everyday challenges of living with a Chronic Condition

#### **UPCOMING WORKSHOP**

#### Online Workshop Series

Join us from the comfort of your home!

Tuesdays (7 week series)
June 23—August 4, 2020
1:30pm—4:00pm

#### TO REGISTER PLEASE CONTACT:

Toll Free 1-855-259-3605

https://myhcc\_june23.eventbrite.ca

