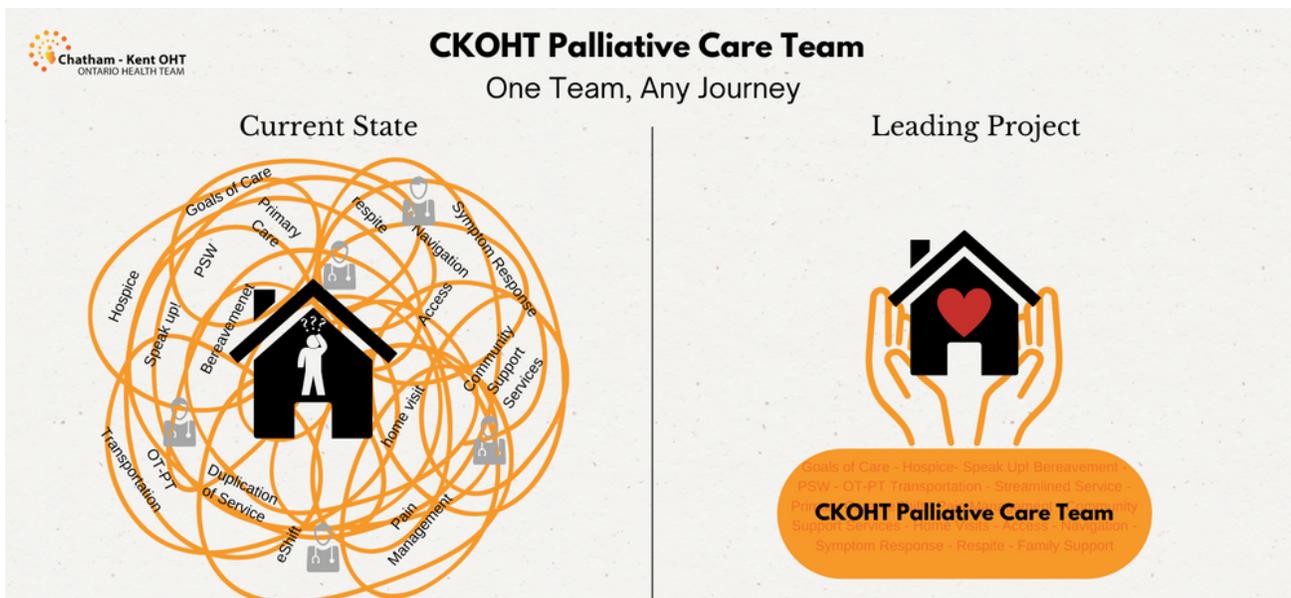


# CKOHT Update

May 2022

## Home Care Modernization: Next Step for Ontario Health Teams and Leading Projects

CKOHT is one of seven OHTs across the province who is actively developing a detailed proposal for Home and Community Care Modernization. CKOHT's application will focus on a population health based approach to palliative care, creating the CKOHT Palliative Care Team. Throughout the month of May, the CKOHT Palliative Care Action Team identified key stakeholders and opportunities to improve the system locally in Chatham-Kent. In addition, engagement with Home and Community Care Service Provider Organizations (SPOs) has taken place, and will continue to happen as the proposal is finalized and submitted at the end of June. Motivated to improve the experience for all of its priority population, CKOHT partners are working hard to creatively transform the home care system through this leading project.



## CKOHT Hosts New Master of Public Health Practicum Student

WELCOME  
TO THE TEAM



Meet Renie Kee, a current Master of Public Health student at Western University. She obtained her Bachelor of Kinesiology from the University of Toronto. She is passionate about health promotion, health literacy, equity, community development and population health. Renie is excited for the opportunity to apply her knowledge and passion to her practicum with CKOHT. She will be collaborating with the team on the following projects: CKOHT COVID-19 Recovery Plan, CKOHT'S 'Let's Talk Health' Population Survey, Health Equity Assessment Team (HEAT) with Ontario Health, and the Digital Divide Project with the Chatham-Kent Public Library. Welcome to the Team, Renie!

### CKOHT Diversity, Health & Equity Coordinator Job Posting

WE'RE  
HIRING

Here we grow again! CKOHT is hiring for a very important position, the role of Diversity, Health and Equity Coordinator.

This role will develop and support the implementation of a health and social equity strategy and approach for the CKOHT with our partners.

The Chatham-Kent OHT recognizes the value of lived experience. We welcome applicants who self-identify as a member of a racial, ethnic, cultural equity deserving group or acquired lived experiences as a member of one, or several, marginalized groups. We are open to reviewing applications from individuals with unique backgrounds or experiences.

To see full job posting details, click [HERE](#) to view on CKHA's Job Posting website.

Diversity



Inclusion



Equity



Justice

## CK Residents Seeking COVID-19 Vaccine Encouraged to Utilize Local Pharmacy



As CK Public Health hosts their final mass vaccination clinic at 730 Richmond St. in Chatham on Friday May 31, 2022; residents are encouraged to book their COVID-19 vaccine through their local pharmacy. “Most pharmacies book appointments ahead of time and some allow walk-ins, as well” says Alyssa Bunning, Manager with CK Public Health. “It’s a very convenient option for our local residents and one we encourage using.” Those looking to book their vaccine through a local pharmacy can find full details about a specific location online at [COVID-19 pharmacy vaccine locations](#) or by calling their local pharmacy directly.

CK Public Health will still be offering COVID-19 protection through various community pop-up clinics across Chatham-Kent. Pop-Up clinics currently available for both booking and walk-ins, include:

**Chatham Active Lifestyle Centre – 20 Merritt Ave, Chatham**  
**Friday, June 3rd 9:00AM - 2:00PM**

**Salvation Army – 46 Orangewood Blvd, Chatham**  
**Monday, June 6th 9:00AM - 3:00PM**

A number of additional pop-up clinics are awaiting finalization and information will be available at [www.CKPublicHealth.com/Clinics](http://www.CKPublicHealth.com/Clinics) and can be found by following @CKPublicHealth on Facebook, Instagram or Twitter or by calling 519-351-1010

UPCOMING POP-UP CLINIC  
**Active Lifestyle Centre**  
Friday, June 3rd  
9:00AM-2:00PM  
20 Merritt Ave, Chatham

UPCOMING POP-UP CLINIC  
**Salvation Army Church**  
Monday, June 6th  
9:00AM-3:00PM  
46 Orangewood Blvd, Chatham

## Home and Community Care Support Services' Intensive Hospital to Home (IHH) Program

The Intensive Hospital to Home (IHH) program encourages early and coordinated discharge for high-needs patients. This program transitions an individual back to their home with the enhanced care and supports needed to improve health and make informed decisions about future care needs.

The IHH program promotes safe and timely care and is offered for 30 days to a maximum of 60 days from when an individual leaves hospital. There are two IHH programs: The first is the IHH regular which is a PSW intensive supportive program and is offered for a 60-day period of time. The second is IHH Rehab which mirrors a hospital rehabilitation hospital stay and is offered for a 30-day period of time.

During this time, the individual receives intensive support in their own home from a Care Coordinator. This care will:

- Provide more time to recuperate, in a preferred care setting.
- Reduce the risk of losing strength because of a lack of mobility.
- Decrease the risk of developing a hospital-acquired illness.



This past fiscal year, the IHH program in ESC provided rehabilitation care to 488 patients. This was a record setting year supporting patients in their home. Chatham-Kent had the highest number of IHH admissions across the region over the course of the year with 188 patients onboarded into the program. These are patients that may have stayed in hospital to receive care. The IHH program promotes a Home First approach and supports care in the comfort of an individual's home while at the same time enhancing hospital access and flow.

**HOME AND COMMUNITY CARE  
SUPPORT SERVICES**

**SERVICES DE SOUTIEN À DOMICILE  
ET EN MILIEU COMMUNAUTAIRE**

## Chatham-Kent's Emergency Housing Project Update

Chatham-Kent's Employment and Social Services Emergency Housing and Re-Housing program is moving from a floor of the Travelodge hotel to its **new temporary home at 185 Murray St. in Chatham** at the end of May 2022. The building will be called "**Victoria Park Place**" and is the third location for this program in the past 2 years.



As you know, homelessness has a significant impact on an individual's health and well-being. Chatham-Kent is a 'Housing First' community, meaning the municipality and community partners have agreed that without housing, people cannot easily work on health, employment or other goals. The program at Victoria Park Place will continue to be housing-focused. It is

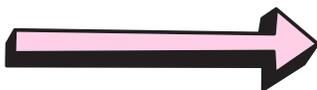
more than a shelter, but a place to move forward on housing goals with staff trained to help stayers secure long-term housing. The new location will provide ample space for this as well as other key services like mental health and addictions supports, healthcare check-ups and shared meals.

Individuals and families who are experiencing homelessness should call the Homeless Response Line (HRL) which is available 24/7 at 519-354-6628 to see if they qualify for this program.

For more information on the program and homelessness in CK, click [HERE](#)

## Upcoming Pap Clinic June 10

Another Pap Clinic on June 10th is being hosted by the Chatham-Kent Community Health Centre at 150 Richmond St. in Chatham.



CKOHT partners have been rotating Pap Clinics as part of the ongoing "Pap-A-Palooza" campaign to increase awareness and encourage those with a cervix aged 25+ without a family doctor or nurse practitioner to book a Pap test to get screened for cervical cancer. Call 519-397-5455 ext 159 to book an appointment.

## CKOHT Virtual Lunch & Learn Fridays

Each month on the third Friday from 12-1pm, CKOHT will host a 1 hour monthly Lunch & Learn which will include a 30 min CKOHT presentation of a particular project or initiative and the remaining 30 min will be used for CKOHT-wide updates, for example working group & sub-working group updates. This is to better connect all our CKOHT partners and to increase awareness of our partnership.



# LUNCH & LEARN



**Date & Time:** Friday June 17 from 12 - 1pm

**Topic:** COPD & Seniors Co-Design

If you have not received a calendar invitation and would like to attend please email [Paige.Delanghe@ckoht.ca](mailto:Paige.Delanghe@ckoht.ca)

## Mental Wellness Supports for Health Care Workers due to COVID-19 Pandemic

Has your mental wellness been impacted by the pandemic? Working on the frontlines can take a toll. Many are experiencing feelings of stress, grief, or burnout.

It's ok to say it – this is really hard.

If you are a health care worker and you feel like your mental wellness has been impacted due to COVID-19, help is available. There are resources you can access on your own, peer group support, and confidential support by phone or online with a mental health professional.

To learn more or access these supports, please visit [ontario.ca/healthcareworkersupport](https://ontario.ca/healthcareworkersupport)



**Mental Wellness Supports for Health Care Workers** 

[ontario.ca/healthcareworkersupport](https://ontario.ca/healthcareworkersupport)

 Ontario Health



# DOES YOUR LOVED ONE LIVE WITH A MENTAL ILLNESS?

## Circle of Support for Families/Friends

**When:** Every Third Thursday of the month  
from 6:30pm to 8:30pm

**Location:** Mental Health Network of C-K,  
71 Raleigh Street, Chatham

**Facilitated By:** Erin Appleton MSW, RSW  
Hannah Singer MSW, RSW

You Deserve  
**SUPPORT**

You Deserve  
**UNDERSTANDING**

You Deserve  
**ANSWERS**

Offering an opportunity for education and support while  
expressing your feelings about being a family member.

For more information please contact Natalie at [natalie@mhnc.com](mailto:natalie@mhnc.com)  
or call 519-351-3100



**Mental Health Network of Chatham-Kent**  
71 Raleigh Street, Chatham, ON, N7M 2M9  
(519) 351-3100  
[www.mhnc.com](http://www.mhnc.com)



# Our Phase 1 Partners

*Société Alzheimer Society*  
CHATHAM-KENT

CHATHAM-KENT  
*Health Alliance*

CHATHAM-KENT  
FAMILY HEALTH TEAM

westover  
TREATMENT CENTRE

Chatham-Kent  
Hospice

Thamesview  
FAMILY HEALTH TEAM

Chatham-Kent  
Community Health Centres  
Centres de santé communautaire  
de Chatham-Kent

MARCH OF DIMES CANADA  
LA MARCHE DES DIX SOUS DU CANADA

Chatham-Kent  
Cultivating Growth, Shore to Shore

TF Transform  
SHARED SERVICE ORGANIZATION

HOME AND COMMUNITY CARE  
SUPPORT SERVICES  
Erie St. Clair

Canadian Mental Health Association  
Lambton Kent  
Association canadienne pour la santé mentale  
Filiale de Lambton Kent

Erie St. Clair Behavioural Supports Ontario

Tilbury District  
FAMILY HEALTH TEAM

St. Andrews Residence  
Active Living • Professional Care

# Let's Talk Health, CK Survey

In June 2022, CKOHT will soon be launching its annual survey, "Let's Talk Health, CK." The survey will be open to the general public to complete.

Questions will ask respondents about:

- their experiences accessing local health care services;
- if and how the COVID-19 pandemic has had an effects on their health;
- their priorities for health care in CK.

The survey responses will help to inform local health care planning and decision making.



## Getting Your Covid-19 Vaccine

For details about upcoming vaccination clinics in the Chatham-Kent area please visit the link below.

<https://ckphu.com/covid-19-vaccination-clinics/>

Questions? Contact Melissa Sharpe-Harrigan, Executive Transformation Lead, CKOHT  
Melissa.Sharpe-Harrigan@ckoht.ca  
Website: [www.CKOHT.ca](http://www.CKOHT.ca)

