

# CKOHT Update

February 2023

## Call for New Patient Advisors

CKOHT is looking for additional patient advisors to join our team! CKOHT recognizes the value of lived experience, and has created a team of patient advisors called the Patient and Family Advisory Council (PFAC).

There are many ways to participate with the CKOHT, such as providing ideas and advice on projects and plans to better our local health care system and benefit patients, caregivers and their families accessing health care in Chatham-Kent.

We encourage individuals with unique backgrounds or experiences to apply to join this team, including applicants who self-identify as a member of a racial, ethnic, cultural equity deserving group. We are especially looking to add council members that can share their experiences accessing and receiving care in CK from the perspective of a marginalized or vulnerable persons as we work to redesign care experiences and improve outcomes for all. Interested in joining? Email us: [info@ckoht.ca](mailto:info@ckoht.ca)



JOIN OUR TEAM OF  
**Patient Advisors**

## Local Physician Shares What Black History Month Means Personally and Professionally

Dr. Queenette Asuquo, Emergency Physician at Chatham-Kent Health Alliance (CKHA), was recently featured in a video produced by the Ontario Medical Association (OMA) honouring Black History Month.



Dr. Aququo said *"Chatham-Kent has a rich Black History. I moved from Sydney, Nova Scotia to Chatham in 2009 just before the pandemic and lockdown. I am still learning a lot about Black History in the area and do encourage everyone to visit the North Buxton settlement and the Buxton Museum to learn more about Black Canadian History"*.

The video features five doctors from across Ontario who share the significance of Black History Month and what it means to them, personally and professionally. Click [HERE](#) to view the video.



Ontario's doctors  
share what Black History  
Month means to them

## New Digital Health Strategist Begins Work with CKOHT and Four Surrounding Ontario Health Teams (OHTs)

On behalf of the five Ontario Health Teams (Windsor-Essex, Chatham-Kent, Sarnia-Lambton, Middlesex-London and Elgin), along with TransForm Shared Service Organization, we are thrilled to announce a remarkably collaborative and innovative partnership that will drive the digital health strategy forward across our OHTs in Southwest Ontario. A newly created role of Digital Health Strategist will be shared in order to provide leadership in digital health to the communities served by these partners.



The role will ensure that Ontario's provincial road map for digital health is optimized for the local health delivery needs and transformation of health services underway through the evolving OHT model. The intent is that this role will develop a prioritized and sustainable local digital health roadmap that aligns with the strategic priorities of the OHTs, are supported by the provincial digital health strategy, while addressing the specific OHT digital health priorities.

After performing a provincial-wide search, the partners have recruited Silas Ng who will commence this important role on February 27, 2023. Silas brings a wealth of experience in digital health within Ontario, which includes leading a team at the Ministry of Health to develop and implement the province's digital health strategy, including policies, and investments to support the sector in its procurement and use of clinical systems, oversight of the provincial eService strategy to digitize and standardize inter-organizational clinical workflows, and development of a cyber-security strategy to support health service providers in their cyber readiness and minimize the impact of cyber-attacks. He has also led clinician-facing projects at an acute care institution from inception to operations to better enable seamless communication and access to patient records.

Please join us in welcoming Silas as he develops and executes our digital health strategy to provide tools and resources for our health service providers to enhance patient care.



IN PARTNERSHIP WITH:



## Update on CKOHT's Expansion for New Membership

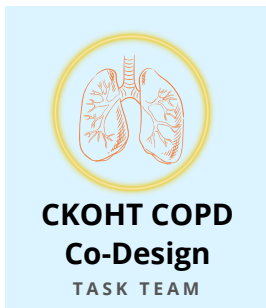
It is now appropriate timing to expand our membership, in effort to advance the work within our Strategic Plan and evolve towards maturity as directed by Ontario Health. CKOHT is moving to a two-tiered membership model: Signatory Members and Affiliate Members.

CKOHT is currently in process of expanding membership and recently had an open call for additional partnership members. We are thankful for a great response and to the many of new member organizations who submitted Signatory and Affiliate Member Expression of Interest (EOI) applications.

As our membership grows and we increase the number of representatives from each of the identified sectors, we are considering moving to a sector representation model for decision-making. Next steps include a Governance Retreat for new and existing signatory members this Spring to focus on a shared vision for a CKOHT governance model as we move toward maturity.



## COPD Co-Design Update



CKOHT is dedicated to updating upon our progress on our COPD Co-Design Initiative. This work began in March 2022 and is focused on improvements for COPD patients in CK including: intake processes, standardized screening tools, enhanced transitions of care between partners such as appropriate referral pathways, and improved discharge processes.

Currently the COPD Co-Design Task Team is finalizing some of the planning and development of these processes and looking forward to full implementation. At this pivotal time for COPD Co-Design, moving from planning and development to implementation, CKHA's project office will lead the central project management for this work.



## Chatham-Kent EMS Community Paramedicine Program Updates

Welcome Pete Morassutti, as the new Operations Manager for the Chatham-Kent EMS Community Paramedic (CP) Program. He began this position on January 30th full time. Prior to this, he was the Operations Manager for Clinical Education and Professional Standards. Although he admits he is still learning from his predecessor and gaining invaluable knowledge from community partners. The CP Program is staffed with highly trained and dedicated paramedics working daily to help assist our



clients and partners where care is needed in treating clients with complex medical conditions or at high risk for hospital re-admission. The CP Team provides in-home assessments and treatment for clients who identified as complex or have a high risk for readmission. Some of the services include:

- home visits and remote patient monitoring
- risk assessment trip and fall
- point-of-care diagnostic testing
- COVID-19 testing, vaccination, and anti-viral medication administration
- chronic disease management support and follow-up medication review
- wellness clinics
- falls prevention
- cognitive screening
- ECGs
- physical assessments
- continuous care planning
- influenza vaccinations

Our goal is to provide our clients with in-home care and support while limiting the number of Emergency Room/911 visits for these clients.

**Over the last year, we have reduced the total 911 requests by 73.62%** (pre-enrolment = 853 calls/post-enrolment = 225 calls). This is a significant impact on 911 calls and decreasing the need to transport these clients to the Emergency Room.

As we move forward in 2023, we are planning to launch new endeavors to help increase our services within the Municipality of Chatham-Kent and keep our clients home and healthy. We look forward to working with partners and collaborating as we provide the highest level of care to our community.

## Improving Palliative Care in CK Update

### What is the Purpose of the Project?

The purpose of the Palliative Care Project is to improve palliative care services for patients attached to Chatham-Kent Family Health Team (CKFHT) and the Chatham-Kent Community Health Centres (CKCHC) and improve navigation and transitions within our local health care system.

### The Importance of the PCCC Roles

Palliative Clinical Care Coordinators (PCCCs) have extensive knowledge regarding the management of palliative care patients in the community across diverse and often complex settings. They act as a patient advocate to affirm life, and offer supports that help patients live as actively as possible until death, with optimal quality of life.

More specifically, PCCCs perform a thorough review of systems with a palliative focus to assess a patient's current clinical care needs, and communicate findings to appropriate members of the health care team. They also link patients with community service providers to maintain the patient's safety in their own home, while prioritizing the prevention of hospital admission or ED visits, and possibly delaying or avoiding admission to long-term care.

Two of the three Palliative Clinical Care Coordinators (PCCCs) have been hired by Home and Community Support Services (HCCSS) and started in their new positions. The PCCCs have been positioned at Chatham-Kent Family Health Team or the Chatham-Kent Community Health Centres



# After; Support Group

The **AFTER** group is a support group for anyone who has been affected by death through suicide. Those attending are sharing in their journey alongside one another.

For more information call 519-354-0070  
[www.thamesviewfht.ca](http://www.thamesviewfht.ca)

Open to the public





# Hold Me *Tight*® PROGRAM

**CONVERSATIONS for CONNECTION**  
**A Relationship Education Group for Couples**



Based on the book

**Hold Me Tight: Seven Conversations  
for a Lifetime of Love**

By: Dr. Sue Johnson  
[www.drsuejohnson.com](http://www.drsuejohnson.com)

Each couple must purchase a copy of Hold Me Tight by  
Dr. Sue Johnson as reading from the book is required.

## **For more Information:**

Call Thamesview Family Health Team,  
(519) 354-0070.  
[www.thamesviewfht.ca](http://www.thamesviewfht.ca)

**Open to the Public**





## Healthy You Lifestyle Group:

**Helps people achieve better health through good food choices, increased physical activity and feeling better about themselves.**



**Do you ever wonder what diet/lifestyle is best for you?**

**Does meal planning feel overwhelming?**

**Do you eat to cope with your emotions?**

**(when feeling sad, stressed, lonely, bored)**

**Are you curious about ways to support your health in ways that don't involve a crash diet?**

**If you answered yes to any of these questions, ask your health care provider about the Healthy You Group today!**

**In this 6 week long group you will learn:**

- about the benefits of self care and how to support multiple aspects of your health
- how to become more in tune with your body and learn to respond to your natural cues
- powerful skills that can help you support your personal health goals
- to find balance and heal your relationship with food



For more information call  
Thamesview Family Health Team 519-354-0070  
[www.thamesviewfht.ca](http://www.thamesviewfht.ca)

Open to the public

**MENTAL HEALTH**

**NURSING**

**NUTRITION**

**PHARMACY**

[www.thamesviewfht.ca](http://www.thamesviewfht.ca)

Healthy You Lifestyle Course Developed by the Hamilton Family Health Team Nutrition Program



# HEART BUDDIES

## A MONTHLY GET TOGETHER

A chance to talk and share your experiences of Heart Surgery, matters of the Heart....

- ~ Surgeries pre/post
- ~ What to expect, what was your experience
- ~ What's normal
- ~ How we change
- ~ How this impacts our families and friends
- ~ How to live well

**FOR MORE INFO CALL 519-354-0070**

[www.thamesviewfht.ca](http://www.thamesviewfht.ca)

Open to the public

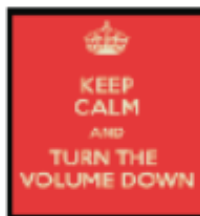
# Mastering Your Mood (CBT)

In Partnership with Tilbury District Family Health Team

## Mastering Your Mood Cognitive Behavioural Therapy (CBT)



- Feeling sadness, worry, anger or guilt?
- Learn about the relationship between your thoughts, feelings and actions
- Start setting small, attainable goals to help you feel better
- Work on challenging your reactions to situations and negative thinking
- Turn down the volume of your negative emotions, such as sadness, worry, anger or guilt



For more information call  
Thamesview Family Health Team 519-354-0070  
[www.thamesviewfht.ca](http://www.thamesviewfht.ca)

Open to the public





Hello!

Bonjour!

## COMMUNAUTÉ DE PRATIQUE POUR PROFESSIONNELS BILINGUES

MONDAY, MARCH 6TH, FROM 10 TO 12 PM



# *In-person workshop*

Active offer of French health services :  
For health service providers

why and how to implement it

**REGISTER**

CCF de Sarnia

901 The Rapids Pkwy #3, Sarnia, ON N7S 6K2



For bilingual professionals  
working in health and  
wellbeing sector



Hello! Bonjour! COMMUNAUTÉ DE PRATIQUE  
POUR PROFESSIONNELS BILINGUES

# PLÉNIÈRE RÉGIONALE CHATHAM

La rencontre des professionnels,  
fournisseurs de services et partenaires  
bilingues dans les domaines de la santé et  
des services sociaux

**Inscription  
gratuite**

Information  
[www.cppbsud-ouest.ca](http://www.cppbsud-ouest.ca)

Organisée dans le cadre de la Tournée de sensibilisation régionale 

 29 mars 2023  
9h30 - 16h00

 Centre communautaire de Chatham-Kent La Girouette  
150 rue King Ouest, Chatham (ON) N7M 1E3

*Soci t  Alzheimer Society*

CHATHAM - KENT

**IG** WEALTH  
MANAGEMENT  
**WALK FOR  
ALZHEIMER'S**

**SAVE  
THE  
DATES**

**WALK  
WEDNESDAYS**



**MAY 10, 2023**

**MAY 17, 2023**

**MAY 24, 2023**



**GRAND  
FINALE  
WALK**

**MAY  
27  
2023**

**Putting the unity in community**  
as we walk together for those  
living with dementia!

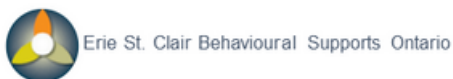


STAY TUNED THIS MARCH AS WE LAUNCH REGISTRATION AND  
SHARE ALL OF THE EXCITING DETAILS!

## CKOHT Phase 1 Signatory Members:



**HOME AND COMMUNITY CARE  
SUPPORT SERVICES**  
Erie St. Clair



## CKOHT Virtual Lunch & Learn Fridays

Each month on the third Friday from 12-1pm, CKOHT will host a 1 hour monthly Lunch & Learn which will include a 30 min CKOHT presentation of a particular project or initiative and the remaining 30 min will be used for CKOHT-wide updates, for example working group & task team updates.

This is to better connect all our CKOHT partners and to increase awareness of our partnership.



# LUNCH & LEARN



**Date & Time: Friday March 24 from 12 - 1pm**

**Topic: Improving Palliative Care in CK**

If you have not received a calendar invitation and would like to attend please email

[Paige.Delanghe@ckoht.ca](mailto:Paige.Delanghe@ckoht.ca)

## CK COVID, Cold and Flu Care Clinic

Location: 10 Grand Ave W., Chatham

Hours: 9am – 5pm

Days Open: Monday, Wednesday, Friday, Saturday

Ages: All ages

Parking: Free

Book an Appointment:

<https://assessmentbooking.simplybook.plus/v2/>

Questions? Contact Kelly Griffiths

Interim Executive Transformation Lead, CKOHT

[Kelly.Griffiths@ckoht.ca](mailto:Kelly.Griffiths@ckoht.ca)

Website: [www.CKOHT.ca](http://www.CKOHT.ca)

