

# CKOHT Update

August 2023

## Chatham-Kent Celebrates Pride Week

Chatham-Kent showcased a very successful Pride Week August 11 - 19 demonstrating our community coming together to promote inclusion and celebrate diversity.

There are several ways to continue to support the 2SLGBTQIA+ community beyond Pride Week; and be an ally all year long. Joel Emery, of the Alzheimer Society of Chatham-Kent, brought forward an idea to CK Pride and the Municipality to create a standard, community-wide sign that celebrates and supports the 2SLGBTQIA+ community.



This is an opportune time to allow businesses and residents to showcase their solidarity with our community in a unified way. CK Pride and the Municipality are encouraging business owners, homeowners, and organizations to display these signs in a visible place all year long. A brochure accompanies these signs explaining their significance along with information on how to be a good ally. Anyone interested in obtaining a sign can contact the Alzheimer Society, CK Pride or visit any Municipal Service Centre.



## Chatham-Kent Ontario Health Team is Hiring for a Special Projects Coordinator

Here We Grow Again! It is an exciting time for the CKOHT. Another position is available to support important community initiatives. This Special Projects Coordinator has a main focus on communications and engagement strategies to implement within the health care system and the general public.



**CKOHT Special Projects Coordinator:**  
To view the job posting, click [HERE](#)

## Local Teen's Heartwarming Gift Brings Comfort to Alzheimer Society's Clients

The Alzheimer Society of Chatham-Kent (ASCK) was recently the recipient of a beautiful and meaningful gift from a local teenager. Aiden Winter handcrafted lap blankets as part of a project for Scouts. Each lap blanket was sewn together with love for his grandmother who lived with dementia. ASCK wants to thank Aiden for his creativity, craftsmanship, and generosity! His lap blankets will certainly warm the hearts of their clients. Keep spreading your kindness, Aiden!



### Alzheimer Society of Chatham Kent

Have you ever wanted to know what happens in our Day Programs? Now you can! Our Day Program clients enjoy social, recreational and physical activities that promote the maintenance of brain health.

✿ Alzheimer Society of Chatham Kent

# Chatham-Kent Ontario Health Team

## NAVIGATION COMMUNITY OF PRACTICE EXPO!

### IN-PERSON MEETING



**THURSDAY**  
21 September



**09.00 AM- 12:30PM**  
Meeting begins at 9:30am



**WISH CENTRE**  
177 King Street East,  
Chatham Ontario



Open to all frontline health, social and  
community service providers!

### MEETING AGENDA TO INCLUDE:

- **Group Presentation and Concurrent Information Sessions**  
Focus: Mental Health and Addiction Services within Chatham-Kent  
(Program eligibility, referral processes, facilitating warm transfers)
- **Community Services Information Booths**  
Learn more about the Mental Health/Addiction/Substance Use programs and  
services available in Chatham-Kent
- **Launch of HealthChat**  
The online Forum to support Community of Practice with collaboration and  
information sharing
- **Opportunity to network with other Service Providers**

### REGISTER NOW!



[Click here- Registration Required](#)

Registration Deadline: September 14th, 2023

To setup an Information Booth:



[laura.macdougald@ckoht.ca](mailto:laura.macdougald@ckoht.ca)



## Ontario eHub Health Information Exchange (HIE)

As of August 16, 2023, four hospitals – Chatham Kent Health Alliance, Windsor Regional Hospital, Hôtel-Dieu Grace Healthcare, and Erie Shores Healthcare are now connected via the Ontario eHub Health Information Exchange (HIE) with Long Term Care Homes (LTCHs) in the region and London area hospitals.

This is a significant improvement in treatment where patients' up-to-date health information follows them between LTCHs and hospitals. They no longer have to repeat their medical history and health care workers have instant access, allowing them to start care right away without unnecessary tests or delays. With a seamless, 2-way connection through Ontario eHub, hospital healthcare providers who work with patients arriving from LTCHs will be able to:

- Immediately access up-to-date and accurate health records from the LTC home
- Quickly and easily reconcile allergies, medications, problem lists and immunizations into the patient's hospital chart
- Increase patient safety by reducing transcription and medical errors during transitions

The Chatham-Kent LTCHs currently connected to the eHUB are:

- Copper Terrace (Chatham)
- Fairfield Park (Wallaceburg)
- Meadow Park (Chatham)
- St. Andrews Terrace (Chatham)
- Tilbury Manor Nursing Home (Tilbury)



Additionally, since the London area hospitals are now connected to the Ontario eHub, our CK acute care patients that are transferred for specialized care such as dialysis, oncology, cardiology and trauma care no longer have to carry their files with them between visits, or remind their care team to fax the information after each appointment.





## Buxton Community Celebrating 100th Year Of Homecoming

The 100th North Buxton Homecoming will be a 4-day celebration, bringing in over 4000 residents from Chatham-Kent, tourists from across Ontario, and the US midwest. Attendees will have the opportunity to participate in the Annual History & Genealogy Conference; the Family Feud softball tournament; the Party in the Park (dance); special church services; historical re-enactments; live entertainment showcasing local artists and street performers; fireworks; parade; car show; museum tours; children's activities; and so much more. It will be a celebration of family, friends and heritage.

Homecoming in Buxton is a special time and for many an emotional experience, a reminder of the injustices endured and the struggles to overcome them. Our unique history has touched the lives of many African Canadians and Americans. Many courageous people made the perilous journey of the Underground Railroad to acquire freedom, an education, and build a future for themselves and their descendants. The Buxton Settlement became home for approximately 2,000 people of African descent, many of whom returned to the United States and held positions of prominence because of the opportunities they had while in Buxton.

**For a full  
schedule of the  
100th Buxton  
Homecoming,  
[click here.](#)**



School house at Buxton National Historic Site

## Serving Homeless in Community through ROCK Missions

Reach Out Chatham- Kent (ROCK) Missions which provides assistance to homeless people, and has recently moved into its own building at 39 Richmond St., Chatham. This space is intended to provide office space for employees and some storage.

The new location "is a safe space for people to hang out and connect with ROCK staff" says Renee Geniole, ROCK's operations co-ordinator.

The volunteer-run program used to operate out of the kitchen at the United Way. Geniole said the United Way recently sold its building to Royal LePage, which didn't ask them to leave.

With a \$70,000 grant from Health Canada received earlier this year to expand a peer program for people experiencing homelessness or substance abuse, combined with the growth in people being served, she said it was time for ROCK to find its own location.

About 1,000 people are served lunches weekly in Chatham, Wallaceburg, Blenheim, Ridgetown and Bothwell by ROCK Missions, so the outreach programs remain a vital component to the organization.

For the original full article visit: [Chatham This Week Article: ROCK Missions has new centre to serve homeless in community](#)

**Interested in Volunteering?**

**519-351-1450 or  
[reachoutchathamkent@gmail.com](mailto:reachoutchathamkent@gmail.com)**



Reach Out Chatham-Kent (R.O.C.K.) Mission staff, from left, Michelle Gilbertson, Deanna Smith and Renee Geniole, are seen in the new home of the charitable organization at 39 Richmond Street in Chatham. (Ellwood Shreve/Chatham Daily News)

## **Annual Pow Wow at Delaware of the Thames First Nation at Moraviantown Saturday September 2 & Sunday September 3**

The Delaware of the Thames First Nation at Moraviantown will be full of dancing and drumming this long weekend. Eelünaapéewi Lahkéewiit is hosting its 51st annual Pow-Wow on Saturday, September 2 and Sunday, September 3.

"Hoping everyone can come out to celebrate with us, through dancing with us, listening to some songs, and celebrating Eelünaapéewi culture," said organizer Sherry Huff. "Our Pow Wow is always a homecoming for community members who live far away, so it's good to see folks again. It's also an opportunity to meet new friends, people who want to come out and learn more about our Eelünaapéewi heritage, culture, and way of life."

"There are more than 40 different food stands and craft vendors this year, so we've got lots of things to satisfy every need," said Huff. "We've got traditional foods on sale, we've got Indian tacos, we've got beautiful crafts designed by artists from our community and the surrounding community."

The Grand Entry is on Saturday at noon and 7 p.m. and on Sunday at noon, and Huff said everyone is invited to come and get involved.



A dancer performs at the Delaware Nation Pow Wow.  
(File photo courtesy of Deborah Brittenden via Facebook)

## CKHA Celebrates 1 Year of Withdrawal Management

The Withdrawal Management Service (WMS) celebrated their one-year anniversary in August. Throughout the past year, their goal has been 100% occupancy on a regular basis, supporting patients in need.

The WMS operates 24 hours a day, seven days a week at the Chatham CKHA site in the former outpatient Mental Health & Addictions Clinic.



**August  
13th  
2022**

Withdrawal Management Services at CKHA officially opened to admissions.



**10 Beds**

Operates 24 hours a day, seven days a week at CKHA's Chatham Site.

**Occupancy Rate  
80.9%**

\*The average rate from April 1, 2023, to June 30, 2023.

The goal remains to reach 100% occupancy on a regular basis, and support patients in their appropriate length of stay between 3-7 days.



Over the course of the last year, the service has focused on establishing awareness of this service in Chatham-Kent to ensure robust utilization and

**barrier-free access.**

For more information on CKHA's Withdrawal Management Service visit :  
[www.ckha.on.ca/withdrawal-management-service/](http://www.ckha.on.ca/withdrawal-management-service/)



**REGISTER NOW!**



# FRIDAY THE 13TH GYNECOLOGICAL CANCER CANCER EDUCATION DAYS

**FRIDAY, OCTOBER 13, 2023**  
8:00 AM - 12:30 PM

**TARGET AUDIENCE:**

PRIMARY CARE PROVIDERS, ONCOLOGISTS, RNS, RPNs, RADIATION THERAPISTS, MEDICAL LEARNERS,  
AND OTHER ALLIED HEALTH PROFESSIONALS IN SARNIA-LAMBTON, CHATHAM-KENT AND WINDSOR-ESSEX

**Location:** This event will be hosted virtually via Zoom.

AFTER YOU REGISTER YOU WILL BE EMAILED THE ZOOM DETAILS TO JOIN THE VIRTUAL EVENT.

**REGISTER HERE: [bit.ly/Oct\\_13\\_2023](https://bit.ly/Oct_13_2023)**

REGISTER BEFORE September 20th AND  
BE ENTERED INTO A DRAW TO WIN A \$100 GIFT CARD!

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QUESTIONS? CONTACT SAMANTHA METLER AT 519-254-5577 EXT. 52800 OR [SAMANTHA.METLER@WRH.ON.CA](mailto:SAMANTHA.METLER@WRH.ON.CA)



## ROCK Missions Harm Reduction Awareness Workshop

# HARM REDUCTION



### PEER-LED AWARENESS WORKSHOP

#### WHAT IS HARM REDUCTION?

- BENEFITS
- MYTHS
- STIGMAS
- HONEST CONVERSATION
- NALOXONE EDUCATION

To learn more or to book your free  
workshop today, contact

[Jen@rockmissions.com](mailto:Jen@rockmissions.com)

519-351-1450

# Chatham-Kent Addictions Awareness Conference

## Addiction and Antagonism: Accounting for Narcissism in the Treatment of Addiction

November 16, 2023  
9am-4:30pm

(doors open at 8:30am)

Everest Convention Centre  
(formerly Club Lentina's)  
250 National Road  
Chatham, ON

Early Bird Registration  
before September 1st  
\$165 per person  
+ Eventbrite fees

After September 1st  
\$195 per person  
+ Eventbrite fees

(cost includes Breakfast and Lunch)

To register, please visit:

<https://www.eventbrite.ca/e/chatham-kent-addictions-awareness-conference-tickets-663158072647?aff=oddtcreator>

For more information please  
contact Beth at  
519-397-5455 x. 113  
or email [registration@ckchc.ca](mailto:registration@ckchc.ca)

\*registration closes  
November 8, 2023\*

Please note that refunds will not be given  
after October 31, 2023, any refunds prior to  
will be reviewed on a case by case basis and  
may be subject to administrative fees.

## Dr. Ramani Durvasula

Dr. Ramani Durvasula is a licensed clinical psychologist in Los Angeles, CA, Professor Emerita of Psychology at California State University, Los Angeles, and the Founder and CEO of LUNA Education, Training & Consulting. She is an author of several books including Should I Stay or Should I Go: Surviving A Relationship with a Narcissist, and "Don't You Know Who I Am?": How to Stay Sane in an Era of Narcissism, Entitlement, and Incivility. The focus of her work is the impact of narcissism and high-conflict, entitled, antagonistic personality styles on human relationships, mental health, and society at large. She is the host of the highly rated podcast, Navigating Narcissism with Dr. Ramani, a show that focuses on narcissism and its impact on relationships. You can also find her on YouTube where she has accumulated millions of views on her videos discussing narcissism on her successful channel, and on social media @DoctorRamani.



## Topics include:

- How to account for antagonistic personality styles when working with clients who are experiencing addiction
- An overview of antagonistic personality styles and best practices for working with these personality styles
- The impact of antagonistic personality styles and addiction on close relationships and family
- Using our knowledge of antagonistic personality styles to provide clinician support in order to alleviate clinician burnout and inform realistic treatment expectations

*Opening Ceremonies by the  
Sunset Drum Team*



Chatham-Kent  
Community Health Centres  
Centres de santé communautaire  
de Chatham-Kent

CACCF has approved 6  
hours for CEU

Restorative Justice  
Chatham-Kent



Chatham-Kent  
Mental Health  
& Addictions  
Program  
Chatham-Kent Health Alliance



Canadian Mental  
Health Association  
Lambton Kent



**Help us Kick off Welcome Week 2023!**  
**Building Culture, Community and Connections event**  
**Chatham-Kent Civic Centre**  
**September 8th 3:00 - 6:00 p.m.**



Contact [cklip@chatham-kent.ca](mailto:cklip@chatham-kent.ca)  
or visit  
[www.chatham-kent.ca/CKWelcomeWeek](http://www.chatham-kent.ca/CKWelcomeWeek)  
for more information

## SCHEDULE

- 3:30 p.m. Welcome Week flag raising ceremony
- 5:00 p.m. Council Chambers presentation for Chatham-Kent newcomers featuring the Council Clerk, Mayor Canniff and the Municipality's Chief Administrative Officer
- Learn about the Civic Centre and Municipal services
- Engage community supports and service providers
- Network with community and cultural groups
- Open to the public





## U-First!® for Healthcare Providers

COST:  
**\$80**

U-First!® is an innovative and unique training program that helps frontline staff to develop a common knowledge base, language, values and approach to caring for people with Alzheimer's disease and other dementias by:

- Understanding the person living with dementia and associated behaviour changes and
- Working as a team to develop individualized support strategies

### Benefits of U-First!®:

- Identify supportive care strategies
- Increased awareness of the causes of responsive behaviours and how to respond in a safe and helpful way
- Feel more confident in caring for someone with dementia
- Reduce stress and increase job satisfaction for you and for others on the team

### Workshop Date:

**September 21<sup>st</sup>, 2023**

### Time:

**8:30 a.m. – 3:30 p.m. (EST)**

### Facilitated By:

**Tara Seney & Krista Schneider**

### Register At:

<https://ASCK-Sept-21-2023-registration.eventbrite.ca?aff=oddtcreator>

### Registration Deadline:

**August 31<sup>st</sup> 2023**

If you are interested in participating, please contact:

**Tara Seney**

**Phone: (519)-352-1043**

**E-mail: [tseney@alzheimarchathamkent.ca](mailto:tseney@alzheimarchathamkent.ca)**

# *Société Alzheimer Society*

CHATHAM - KENT



## **First Link Learning Series®**

### **First Steps**

**For Family Members & Friends of  
Individuals with Dementia**

**Education will be on-line utilizing the Zoom Platform**

**9:30am-11:30am**

Sept. 14 <sup>th</sup> 2023	What is Dementia
	Adapting to Brain Changes
Sept. 15 <sup>th</sup> 2023	Planning Ahead
	Building a Circle of Support

**To register or for more information email Tara Seney at  
[tara@justasck.ca](mailto:tara@justasck.ca)**

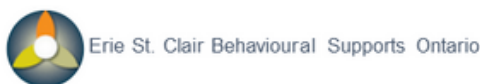




## CKOHT Signatory Members:



Société Alzheimer Society  
CHATHAM - KENT



## CKOHT Virtual Lunch & Learn Fridays

Each month on the third Friday from 12-1pm, CKOHT will host a 1 hour monthly Lunch & Learn which will include 1-2 spotlight presentations of a particular local project or initiative. There is ample time left after the presentation for participants to ask questions and join a dialogue.

This is to better connect all our CKOHT partners and to increase awareness of our partnership.

### Friday September 15: 12 - 1pm

If you have not received a calendar invitation and would like to attend please email: [Paige.Delanghe@ckoht.ca](mailto:Paige.Delanghe@ckoht.ca)



# LUNCH & LEARN



Questions? Contact Tiffany Gartner-Duff, Interim Executive Transformation Lead, CKOHT [Tiffany.Gartner-Duff@ckoht.ca](mailto:Tiffany.Gartner-Duff@ckoht.ca)  
Website: [www.CKOHT.ca](http://www.CKOHT.ca)



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