

# CKOHT Update

February 2024

## New Funding Announced for Primary Care in Chatham-Kent

In Chatham-Kent, several health teams are set to receive a financial boost aimed at improving access to primary care services for local residents. The Chatham-Kent Family Health Team, Chatham-Kent Community Health Centres, Thamesview Family Health Team, and Tilbury District Family Health Team will be sharing a sum of \$1 million.



The funding is part of a larger \$110 million investment by Ontario to connect around 328,000 individuals to primary care teams, marking a significant stride towards ensuring all Ontarians have access to essential primary care services. Across Ontario, the investment will see the addition of over 400 new primary care providers as part of 78 new and expanded interprofessional primary care teams. These teams consist of various health professionals working collaboratively, including doctors, nurse practitioners, nurses, physiotherapists, social workers, and dietitians, among others.

The aim is to provide timely access to primary care, leading to faster diagnosis and treatment, improved health management, and reduced strain on emergency departments and walk-in clinics.

Despite the positive impact of the funding, concerns remain about the critical underfunding of primary healthcare in Ontario. Efforts to bolster primary care services are crucial for the well-being of residents and the overall healthcare system in the region.

For the full story visit: <https://cknewstoday.ca/chatham/news/2024/02/17/more-people-to-be-connected-to-primary-care-in-ck>

## MobileCare Visits Buxton for a Community Engagement Event



MobileCare Chatham-Kent and staff from Linck made a special stop at the Buxton Museum on Monday, February 26th to support members of the Black community with primary health care.

It was a successful event. As one example, there were four people from one family who received service from the MobileCare clinic on wheels - all who did not have a primary care provider.

“While the population of North Buxton is not large, everyone deserves accessible primary health care. The MobileCare staff were truly gracious, and our community is blessed to have the service” said Vivian Kilanko, co-Lead of CKOHT’s Anti-Black Racism/Anti-Oppression Action Team, and a mental health counsellor at Linck.



## Improving Healthcare Together Through BPSO

Through the Registered Nurse's Association of Ontario (RNAO), Best Practice Spotlight Organization (BPSO), the CKOHT, the BPSO Working Group and its champions are guided by the Quadruple Aim which serves to:

- **Improve the patient experience**
- **Improve patient outcomes**
- **Improve the provider experience**
- **Lower cost of healthcare**



This work started in 2021 and is a four year pathway to accreditation. The timeline below demonstrates where we are on this journey.



There are 13 organizations in Chatham-Kent who are participating in the accreditation process to achieve designation. To date the member organizations have implemented Best Practice Guideline #1: Patient & Family Centred Care, which has included organizations: conducting appointments in patient's preference (e.g. phone, video or in-person), offering on demand language translation services, including clients and patients in their own care planning, and implementing patient satisfaction surveys.

Current work is underway to finish up Best Practice Guideline #2: Transitions in Care & Service which has focused on: improved care planning when a patient moves to a different location for care to share information between the healthcare teams in order to support a successful transition. The BPSO Working Group looks forward to implementing two additional Best Practice Guidelines by the end of 2025 within the 13 organizations to improve patient care in Chatham-Kent.

## ConnectMyHealth - New Online Patient Portal Empowering Patients' Health Journeys

Do you ever wish you could better understand your personal healthcare information? Take more accurate information away from an appointment? Share that information with other healthcare providers? Well now it is possible with the new online patient portal, 'Connect My Health'.

Often times, patients are overwhelmed by a diagnosis and the healthcare information presented to them. It is after the appointment that they may start thinking of questions they would have asked, or had the information to share with other healthcare providers. 'Connect my Health' is a new digital health solution that allows patients to view their health records from participating hospitals. The tool is valuable for both patients and healthcare providers.

Listen to Mary's healthcare journey below in the video and learn about the various levels of value this online patient portal brings.



- Empower your health journey -

To Learn more about 'Connect My Health':  
<https://info.connectmyhealth.ca>



## Primary Care Network Update

In January 2024, Ontario's Ministry of Health introduced "[Primary Care Networks in Ontario Health Teams: Guidance Document](#)" which states that OHTs organize and connect with primary care to advance population health through integrated and equitable approaches to care. The Guidance Document outlines a vision, objectives and a common set of functions for Primary Care Networks (PCNs) to develop over time. By establishing a robust local PCN, OHTs can leverage this expertise and knowledge to more effectively co-design system changes and improve outcomes for their attributed population. The vision behind PCNs is that: PCNs will connect, integrate, and support primary care providers within OHTs to improve the delivery and coordination of care for patients.

The objectives to support the vision are:

- 1. To organize the local primary care sector in OHT planning and provide a voice in OHT decision-making;**
- 2. To serve as a vehicle to support OHTs in the implementation of local and provincial priorities.**

The core clinical priorities of PCNs and OHTs include:

- 1. Improve access and attachment to comprehensive primary care, with a focus on equity-deserving populations (e.g. Indigenous, Black, Francophone, etc)**
- 2. Implement integrated chronic disease prevention and management strategies, with a focus on equity-deserving populations, as above.**
- 3. Implement additional local priorities as defined by the OHT and PCN.**

To support the vision, objectives and clinical priorities set out above, the following functions have been identified for PCNs.

- 1. The PCN connects primary care within the OHT.**
- 2. The PCN serves as a vehicle for providing the local primary care sector's voice in OHT decision-making.**
- 3. The PCN supports OHT clinical change management and population health management approaches.**
- 4. The PCN facilitates access to clinical and digital supports and improvements for primary care.**
- 5. The PCN supports local primary care Health Human Resource planning within the OHT.**

CKOHT is committed to the development of a local PCN within our governance structure. CKOHT will work towards the vision, objectives, and clinical priorities laid out by the Guidance Document with our local primary care stakeholders to enhance primary care for the people and patients in Chatham-Kent.



**Chatham-Kent Ontario Health Team (CKOHT) and its partners aim to improve palliative care delivery for individuals with any life-limiting diagnosis who live in Chatham-Kent.**

The next Palliative Care Virtual Education Session for Healthcare Professionals  
**Tuesday, May 28, 2024 from 12 pm - 1 pm**

If there is a topic you would like to learn more about please let us know, send to the email below! If you would like to view a recording of the last session:

Advance Care Planning please email: [Amanda.Burtoft@ckoht.ca](mailto:Amanda.Burtoft@ckoht.ca)



### **Pallium Canada is offering Taking Ownership**

Online module, free of charge, emailed to you. Taking Ownership is an introductory overview of the palliative care approach and how health care professionals from different disciplines can make primary-level palliative care a part of their daily work.

This free module will give you a sense of the rich content and engaging nature of Pallium's Learning Essential Approaches to Palliative Care (LEAP™) courseware.

Topics Include:

"Palliative": overcoming the stigma; Illness trajectories; Identifying patients earlier; The palliative care approach; The language we use; Palliative Performance Scale (PPS); and the Gold Standards Framework. This module is approximately 40 minutes. If you are interested in learning more, click [here](#) to go to the Pallium Canada website or get access to the free module [here](#).

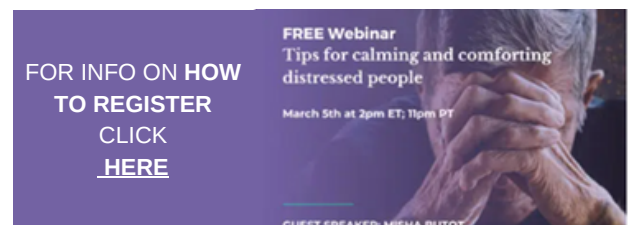


**Free PSW & Nurses Webinar**  
**Mar. 5, 2024 from 2:00 - 3:00 pm**  
**From Life and Death Matters**



### **CKOHT Home Care Leading Project**

Much work is taking place behind the scenes for the Home Care Modernization Leading Project such as determining criteria for service eligibility, clinical pathway validation, privacy and risk assessments, etc. More to come...





## FUNDAMENTALS OF HOSPICE PALLIATIVE CARE PROGRAM

**For those working in the healthcare system looking to develop their knowledge and skills in hospice palliative care.**

Course Facilitator: Shannon Richard, Palliative Pain & Symptom Management Consultant (Lambton & Kent)

### Virtual Spring Sessions:

April 4, April 25 & May 9  
9:30 -12:30

OR

May 16, June 6 & June 20  
9:30-12:30

For more information and to  
register scan QR code

Are you working in the  
healthcare setting, and  
want to know more  
about a palliative  
approach to care?



Register here!

### Eligibility

- Volunteers
- Personal Support Workers
- Recreational Therapists
- Housekeeping
- Dietitians
- Social Workers
- Developmental Service Managers
- Directors of Care
- Case Coordinators
- Health Administration
- Occupational Therapists
- Speech Language Professionals
- Physical Therapists
- Nurses (RNs, RPNs, NPs)
- Pharmacists
- Family Health Teams
- Hospital Staff

### Course Objectives

Following the completion of this course, the learner will:

- Demonstrate sensitivity, understanding and respect for the individuality of the person, family and team/caregivers
- Identify and understand issues associated with illness and bereavement (domains of issues)
- Effectively communicate with the person, family and team
- Recognize and report changes in any of the domains of issues associated with illness and bereavement
- Provide hospice palliative supportive care strategies
- Actively learn and develop personally and contribute as part of a team and organization
- Demonstrate sensitivity to the impact of personal attitudes, behaviours and values on the illness experience of the person, family and team/caregivers



# Public Cervix Annoucement!

## Do you need a PAP test?



Are you over the age of 25 without a Doctor or Nurse Practitioner?



Has it been 3 years since your last Pap test?



Call 519-397-5455 ext 159  
to book an appointment

**Did you know cervical cancer is the leading cause of death of women worldwide?**

**Cervical cancer can be prevented by a Pap test.**

**Monthly Pap Clinics are held across Chatham-Kent at different locations.**

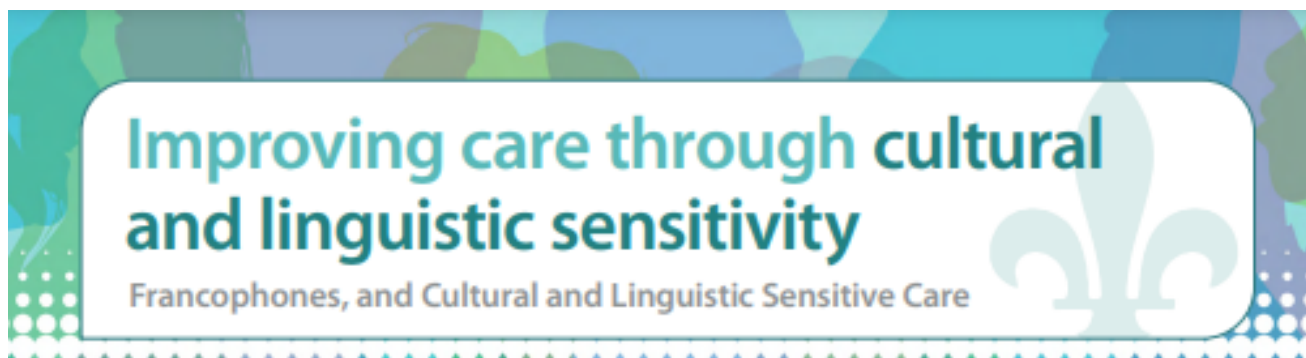
Clinics supported by:



Chatham-Kent  
Community Health Centres  
Centres de santé communautaire  
de Chatham-Kent







This online training program is designed to improve cultural and linguistic sensitive care and promote French Language Services. A healthcare lens has been applied in this training, but concepts and learnings are transferable to any sector.

**Training is FREE**

**Training is self-paced online and takes approximately 6 hours to complete**

**To find out more & register: <https://flsonlinetraining.ca>**

**Click below to watch the 2 minute video for more information about the training:**





## U-First!® for Healthcare Providers

COST:  
**\$80**

U-First!® is an innovative and unique training program that helps frontline staff to develop a common knowledge base, language, values and approach to caring for people with Alzheimer's disease and other dementias by:

- Understanding the person living with dementia and associated behaviour changes and
- Working as a team to develop individualized support strategies

### Benefits of U-First!®:

- Identify supportive care strategies
- Increased awareness of the causes of responsive behaviours and how to respond in a safe and helpful way
- Feel more confident in caring for someone with dementia
- Reduce stress and increase job satisfaction for you and for others on the team

### Workshop Date:

Wed. April 17<sup>th</sup> 2024

### Time:

8:30 a.m. – 3:30 p.m. (EST)

### Location:

Virtual (Zoom Platform)

### Facilitated By:

Tara Seney & Margaret Prisner

### Register At:

<https://ASCK-April17-Registration.eventbrite.ca>

### Registration Deadline:

Wed. March 27<sup>th</sup> 2024

If you are interested in participating, please contact:

**Tara Seney**

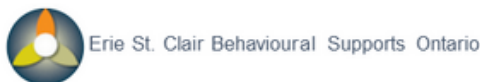
**Phone:** (519)-352-1043

**E-mail:** [tara@justasck.ca](mailto:tara@justasck.ca)

## CKOHT Signatory Members:



Société Alzheimer Society  
CHATHAM - KENT



## CKOHT Virtual Lunch & Learn Fridays

Each month on the third Friday from 12-1pm, CKOHT will host a 1 hour monthly Lunch & Learn which will include 1-2 spotlight presentations of a particular local project or initiative. There is ample time left after the presentation for participants to ask questions and join a dialogue.

This is to better connect all our CKOHT partners and to increase awareness of our partnership.

### MARCH LUNCH & LEARN CANCELLED

**Join us: Friday April 19, 2024**

If you have not received a calendar invitation and would like to attend please email: [Paige.Delanghe@ckoht.ca](mailto:Paige.Delanghe@ckoht.ca)



# LUNCH & LEARN



Questions? Contact Melissa Sharpe-Harrigan, Executive Transformation Lead, CKOHT  
[Melissa.Sharpe-Harrigan@ckoht.ca](mailto:Melissa.Sharpe-Harrigan@ckoht.ca)  
Website: [www.CKOHT.ca](http://www.CKOHT.ca)



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